



#### **Be Adventure Smart**

We want you to enjoy your walk whether low or high level. At all times remember to be Adventure Smart, especially if you are heading out into the higher fells.

# Ask yourself 3 questions before you set off:

- Do I have the right **gear**?
- Do I know what the weather will be like?
- Am I confident I have the knowledge and skills for the day?

For more details visit adventuresmart.uk

### Please follow the Country Code and visit kindly:

- Camp and motorhome only in official sites
- Do not light fires or barbecues
- Take all your litter home
- Keep your dog under close control at all times, on a lead near sheep, and pick up and bin its waste
- Park in car parks, not on verges or blocking roads and gateways
- Travel sustainably and leave no trace





Until 5 November 2023



www.lakedistrict.gov.uk/explorelangdale



With its waterfalls and tarns, overlooked by the dramatic Langdale Pikes, Great Langdale is a popular place to visit.

This leaflet gives you some tips on visiting without a car, discovering more and reducing your impact on this special place.



The Langdale Trail runs from Ambleside to New Dungeon Ghyll. The trail is mostly off road and does include some steep hills.

Maps of the route can be found here lakedistrict.gov.uk/cycling

## By bus

### Service 516 Operated by Stagecoach daily until 5th November 2023.

Bus number 516 runs between Ambleside and Dungeon Ghyll at the head of Great Langdale every day of the week.

By travelling by bus, you have no worries about parking, it gives you the freedom to start and finish your walk at different places and you can sit back and enjoy the spectacular views. You are also helping this special place by reducing traffic and carbon emissions.

From Ambleside Bus Station there are direct buses linking you to Keswick, Grasmere, Coniston, Windermere, Bowness, Kendal and Lancaster.

For more details and timetables visit **traveline.info** or **stagecoachbus.com** 

Kendal, Bus Station			1150	1350		
Windermere, Rail Station			1212	1412		
Ambleside, Kelsick Road	0925	1030	1230	1430	1630	1830
Skelwith Bridge	0935	1040	1240	1440	1640	1840
Elterwater, Britannia Inn	0942	1047	1247	1447	1647	1847
Old Dungeon Ghyll	0956	1101	1301	1501	1701	1901
Old Dungeon Ghyll	0957	1110	1310	1510	1710	1910
Elterwater, Britannia Inn	1011	1124	1324	1524	1724	1924
Skelwith Bridge	1018	1131	1331	1531	1731	1931
Ambleside, Kelsick Road	1028	1141	1341	1541	1741	1941
Windermere, Rail Station		1205		1605		
Kendal, Bus Station		1222		1622		

### Bike hire

Ebikes and bikes available to hire at:

Waterhead, near Ambleside lakedistrict.gov.uk/bikehire 015394 40277

Ghyllside Cycles, Ambleside ghyllside.co.uk 015394 33592

Stickle Ghyll, near New Dungeon Ghyll lakedistrict.gov.uk/bikehire 015394 40277



From low level trails to high fell walks, walking is a great way to explore Langdale.

For accessible Miles Without Stiles routes try Skelwith to Elterwater and Elterwater to Dungeon Ghyll, you can find them at:

lakedistrict.gov.uk/mileswithoutstiles

Or check out some walk suggestions from the National Trust at nationaltrust.org.uk/visit/lake-district/the-langdales

